

(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

1hr 39min

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हार्जिए में नहीं लिखना चाहिए।  
Candidates must not write on the margin.

A ship in harbour is safe, but that is not what a ship is for.

This quote by John A. Shedd, "A ship in harbour is safe, but that is not what a ship is for." is a strong message for everyone. It is a metaphorical wisdom that is applicable for humans in every aspect of life. The harbour symbolizes the safety and familiarity.

We often seek comfort in our familiar routines and situations, avoiding the risk and challenges.

However, like ships built to sail the vast oceans, we have ~~an~~ innate yearning to explore the unknown and seek personal growth. It is outside the harbour that we

Intro starts with explanation approach  
↓  
relevant

Good





# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को  
इस कृति में  
नहीं लिखना  
चाहिए।  
Candidates  
must not  
write on this  
margin

truly discover our capabilities and  
passions.

It is very correctly said that, Biggest  
risk a person can take is ~~to~~ do  
nothing. But at the same time is  
it possible to ~~sail~~ the ship everytime  
or is it necessary to do so? Also  
what if you are not prepared for  
this new adventure. The major  
issue before starting this journey  
of harbour to ocean is to overcome  
the fear.

This essay will be shedding light  
on all this questions like ~~ix~~ the strong  
emotions that come in ~~to~~ act as  
an obstacle for such a tough  
journey; how to overcome it etc.

Body

The first and foremost step is to



(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों इस हार्जिफ में नहीं लिखना चाहिए।  
Candidates must not write on this margin

deal with ~~emotions~~, specially fear.

## Fear: An Obstacle in Sailing

Fear is a very strong emotion that actually sometimes affect our ~~thinking~~ process and ~~decisions~~ as well. And this is what Sambul experienced once. After ~~playing~~ with her friend, sambul was on her way to home. It was about 6pm and a bike hit her friend which led to multiple fractures. Sambul was ~~really~~ scared and ran back to home. Sambul. ~~At~~ is now so much affected by this incident that she don't want to go out with her ~~friends~~, she even ~~started~~ missing her school and ~~tuitions~~.





(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

This fear is now becoming an ~~an~~ obstacle in her creativity, personal growth and development. At this time Sambul's father is helping her to get rid of this situation by taking her to park, school, shopping malls. So that she can get back to her normal life again.

This is the story of so many others of too. Who once got stuck in a situation and are now not getting over it.

But if this emotion of fear is not controlled and overcome on time it will lead to many serious ~~likes~~ issues like: ???

⊕ Less inventions and creativity :-  
What if Vasco da Gama and



(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस प्राश्निक में नहीं लिखना चाहिए।  
Candidates must not write on the margin.

~~Some~~ ~~Some~~ Columbus were of fear of going on such expeditions. to explore and discover the distant cultures and land. It would have been a completely different world today.

not only this the kind of inventions that took place during 18<sup>th</sup> + 19<sup>th</sup> century would not have done.

If Thomas Alva Edison have got this feeling of fear after failing for 2974 times then might be possible the meaning of light / bulb would have been completely different for us.

Feeling of fear not only impact the creativity but also the



(Please do not write anything except the question number in this space)  
कुछा इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

mental growth, personal development and overall growth at societal as well as global level.

- To overcome fear what should be done? more prescriptive solns needed??

- Consider the attributes - purpose & belief

To overcome such strong feeling or emotion of fear one must try to meditate. so that the question of

why? comes to what? What can be done to do better? Also

Now when the fear is tackled the question is why the ship is meant to sail? why it cannot stay at harbour when it is safe there?

Why ship is meant to sail?

The safety that ship experience at the harbour is same as the comfort zone that one experience at their regular work place or home





(Please do not write anything except the question number in this space)  
कृपया इस स्थाप में प्रश्न संख्या को अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस कॉपी में नहीं लिखना चाहिए  
Candidates must not write on this margin

or any other familiar place. Then why there is a need to get out of that. To explain this situation, the story of transformation of a caterpillar into a butterfly is the best example.

Once a boy named Amolik who is in class 6<sup>th</sup>, been taught about the process of metamorphosis in the science class. He was really amused by the process, still not sure, when he was playing in the garden in the evening he observed a caterpillar was actually trying to come out cocoon, and was facing immense pain and doing lots of efforts. Amolik tried to help it.



# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

(Please do not write anything except the question number in this space)  
केवल प्रश्न संख्या ही इस स्थान में लिखनी है।

It came out but died soon. He was very sad and told everything to his mother. The mother while smiling answered his question that to become beautiful and better in your life you have to do something that is not actually in your comfort zone and requires lots of efforts. Amolik understood it and hugged his mother with a smile.

stark  
she  
be shocked

In the same way Charles Darwin gave his theory of 'Survival of the Fittest' if you are continuously trying to be in your comfort zone and don't adapt to the surroundings you will get impact. It is only about ~~the~~ changing as per the situation and making yourself the best version of your own.





(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस इतिहास में नहीं लिखना चाहिए।  
Candidate must not write on this margin

Not only in biological perspective but in historical perspective too it can be observed that the one who left their comfort zone and did something different got recognition as well as done fabulous job for society.

~~So~~ Gandhi Ji popularly known as father of nation started the non-cooperation movement and the idea of non-violence against the Britishers which was not at all an easy thought to be spread nation wide. Still with his continuous efforts the result was seen across India.

There are many other examples and success stories that can be mentioned



# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

(Please do not write anything except the question number in this space)

उम्मीदवारों को इस हाथिए में नहीं लिखना चाहिए।  
Candidates must not write on this margin

about this is after taking risk and getting success. But is the story and result same everytime? Is it always a success story? ~~Does every~~ Is it really mandatory to sail every ship?

Is it mandatory to sail every ship?

In 2018, the Ferry Musical festival was organised and invitations were sent to almost all the major and recognised musicians across the world. The event was meant to be a great success. But the story was completely different.

The ~~guest~~ guests when arrived the destination the kind of preparation like accomodation, food etc was not done properly. ~~It~~ ~~is~~ The



(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस दृष्टि में नहीं लिखना चाहिए।  
Candidates must not write on the margin.

guests were just left at an island unattended. The event was initially delayed but ~~but~~ eventually cancelled due to the lack of planning and organisation.

So, it is not the only case but many more where lack of organising and planning led to such issue.

Hence, it is not important to sail every ship when one is not completely prepared for it.

It is very rightly said by Sir Albert Einstein, Give me six hours

to chop a tree and I will use four hours to sharpen my axe.

Plan and Prepare Before You sail!  
Planning is the key to success.



(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या को अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

Just getting into the sea of challenges is not the ~~solution~~. One has to be prepared for it too.

Even Lord Ram prepared and gathered all the knowledge from Vibhishan about Ravan and Lanka before getting into war.

In fact the policies and schemes when ~~is~~ launched by the government of India ~~it~~ takes a lots of planning and research. Otherwise

the actual needy section or ~~vulnerable~~ groups will not get the benefit they deserve.

The same situation is faced ~~during~~ while making fiscal budget and foreign policy.

Proper planning not only helps in



(Please do not write anything except the question number in this space)  
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
(Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिये में नहीं लिखना चाहिए।  
Candidates must not write on the margin.

making better decision but also ~~work~~ <sup>in</sup> a holistic manner which will ultimately result in "Sabka Sath, sabka Vikas."

<sup>This is</sup> Not only for policy making process with government but for any other field too like sports, research and development, education etc. This helps in saving resources, money and thus it is a calculated risk.

So, there should be a balance while taking any decision and risk.

The ship is not <sup>meant</sup> for harbour but one should also know the time when the ship ~~is~~ needs to be at harbour <sup>and finally</sup> to get in a situation to sail. As it is said that "He





# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए।  
Candidates must not write on this margin

Who is not courageous enough to take risks will accomplish nothing in life! Therefore taking a calculated risk at right time is very important for the personal and professional growth. And this will ultimately lead to the growth of nation.

55  
125

relevant

Overall decent effort

Introduction - relevant

Body - covered multi-dimensionally but need to be more prescriptive.

Explanation / stories - should be shorter - they will help to add more dimensions.

Conclusion = Goal - relevant - add more depth & dimension.

