

Prayaas Prelims Mentoring Course 2024

Batch - 04

30 TESTS: 15 SECTIONAL TESTS + 10 Full Length + 5 CSAT

Objective: This is a thorough and intense "interactive" curriculum that focuses on devout IAS aspirants who will take the Civil Service Exam in 2023. To help candidates comprehend general studies ideas and get ready for high scores, with our step-by-step advice.

Approach & Strategy: Aspirants will better understand the requirements of the UPSC exam with the aid of our straightforward, useful, and concentrated approach. In order to keep the preparation process dynamic and provide individualised attention to each aspirant based on aspects like core competency, time and resource availability, and the requirements of the Civil Service Exam, our aim is to constantly innovate. Our interactive learning method, which involves experts and aspirants having phone or email conversations, will help aspirants consistently improve their performance and advance their preparation.

Sectional tests: will have 100 questions of the given topic based on analysis of UPSC previous year questions and syllabus, these will check the in-depth knowledge of the aspirants and their solving skills. First 7 Tests are fundamental in nature which will cover basics of NCERTs.

Full length tests will cover the whole syllabus of UPSC CSE, they will provide aspirant an overview of the examination and boost the confidence of the aspirants towards the exam.

Test No.	Date	Syllabus	Sources
1.	7 th Jan 2024	Indian Constitution & Political System Political systems: Concepts, forms and types Political system as established by the Constitution Indian Constitution: HistoricalUnderpinnings, Evolution & Making of the Constitution, Features, Significant Provisions The Preamble The Union and its Territory Citizenship Fundamental Rights, Directive Principles& Fundamental Duties Amendment of Constitution Judiciary: Supreme Court, High Courts,	Class IX and X NCERT: Democratic Politics 11 th NCERT: Indian Constitution atWork Class 12thNCERT: Politics in India since Independence



Subordinate Courts

Working of Indian Constitution and Systemof the government

- Central Government: President, Vice President,
 Prime minister, Central Council of Ministers
- Parliament and State Legislature
- State Government: Governor, ChiefMinister, State Council of Ministers
- Indian Federalism and Centre-StateRelations
- Emergency Provisions
- Local Government: Panchayati Raj, Local Urban Government
- Structure, organization and functioning of the Executive; Ministries and Departments of the Government.

Governance in India

- Constitutional & Non Constitutional Bodies
- Elections and political parties: problemsand processes
- Electoral politics
- Working of the political system since independence
- Governance
 - o Good Governance, e-Governance
- Transparency & Accountability
 - o RTI, Citizen's Charter & Anti-
 - Corruption
 - o Civil Society, People participation
 - Reforms: Police Reform, Administrative
 Reform, JudicialReform, Political Reform etc.
- Social Audit
- Public Policy: Making, Implementation, Evaluation and monitoring
- Public Sector Management
- Public-private partnerships (PPP)
 Rights Issues etc.



2.	10 th Jan 2024	Art and Culture	Class XI NCERT –
		 Architecture and Sculptures 	Introduction to Fine Art
		 Religion and Philosophy 	(part 1)
		Indian paintings	Old NCERT:
		■ Indian Music	Ancient India
		■ Indian Dances	Old NCERT:
		■ Indian Theatres	Medieval India
		■ Indian cinema	Class XII New NCERT -
		 Indian Language & Literature 	Themesin Indian
		Arts & Crafts	HistoryPart -1 and Part 2
		Science and Technology in Ancient India	Or New NCERTs
		Indo- Islamic Culture	
		Ancient Indian History, Medieval India:	
		Ancient History	
		Prehistoric period	
		 Harappan / Indus Valley Civilization 	
		■ Vedic Age	
		Mahajanapadas	
		Religious Reforms	
		Mauryan Age & Post Mauryan Age	
		■ Sangam Age	
		Guptas Age & Post Guptas Age	
		Medieval India	
		Early Medieval Period	
		North India	
		■ South India	
		Sultanate Period	
		The Delhi Sultanate	
		Vijayanagar & other Kingdoms	
		Religious Movements	
		Bhakti Movement	
		Sufi Movement	
		Mughal Period	
		Maratha Confederacy	



3.	14 th Jan 2024	Modern India	Old NCERT: Modern
٠.		India in the late Eighteenth Century	India byBipin Chandra
		 The Advent of the Europeans and BritishConquest 	■ New NCERT : Themes
		of India	in Indian History –Part
		The British Administrative Structure, Reform,	III
		Impact and Organization of Government of India	Or New NCERTs
		Social – Religious Movements in 19th –20 th	Old NCERT: Modern
		centuries	India byBipin Chandra
		Freedom Struggle	■ New NCERT : Themes
		■ The Revolt of 1857 & change after 1857	in Indian History –Part
		Moderate Phase (1885 – 1905)	III
		Modern India 2	Or New NCERTs
		Freedom Struggle: Extremist Phase (1905 –17)	
		■ Emergence of Extremist & Leaders	
		■ The Partition of Bengal	
		■ Morley-Minto Reforms	
		Swadeshi Movement, Home RuleMovement etc.	
		Freedom Struggle: The Gandhian Era(1917-47)	
		■ Gandhi – Advent and Achievement	
		 Rowlatt Act, Jallianawala Bagh Massacreand Khilafat Movement 	
		 Non- Cooperation, Civil Disobedienceand Quit India Movement 	
		■ British Response and Negotiations	
		■ INA and Subhash Chandra Bose	
		Miscellaneous & Other Dimensions	
		Reforms / Acts / Committee, CongressSession,	
		Governor – General Viceroys, Policies, Tribal &	

Peasant Movements etc.



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1.	17 th Jan 2024	Geography	-	11th NCERT:
		Physical Geography of the world		Geography - India
		Solar System & the Earth and basics of		Physical
		latitude and longitude Geomorphology		Environment
		Climatology	-	12th NCERT: Geograp
		Oceanography		- India People and
		Biogeography	_	Economy
		Natural Hazards and Disasters		12th NCERT: Fundamental ofHuma
		Continents (Land, Climate, Resources etc.): Asia,		Geography
		Africa, North America, SouthAmerica, Antarctica,		0008. upy
		Europe, and Australia		
		Physical Geography of India		
		Introduction: Location, Area andBoundaries		
		Structure and Relief: PhysiographicDivisions		
		 Drainage System 		
		 Weather, Climate and Seasons 		
		■ Soils		
		Natural Vegetation, Plant and Animal Life		
		Economic and Human Geography - World		
		Economic Geography of the world: primary,		
		secondary, tertiary, quaternaryand quinary activities		
		Human Geography of world		
		 World Population, Distribution & Density, Races 		
		& Tribes, Settlement & Migration		
		Economic and Human Geography - India		
		Agriculture		
		Land Resources		
		■ Water Resources		
		 Mineral and Energy Resources 		
		• Industries		
		 Transport and Communication 		
		Foreign Trade		
		Population, Migration, Settlements		
		•		



5.	21 st Jan 2024	India Economy	■ 11 th NCERT: Economics:
5.	21 3411 2024	National Income Accounting	Indian Economic
		■ Definition	Development
		Concepts: GDP, GNP etc.	■ 12 th NCERT:
		Measurement of national income	Economics:
		Money and Banking	Macroeconomics
		Function of Money, Evolution of Moneyetc.	■ 12 th NCERT Economics:
		Banking: Need of Banks, Functions, Types,	Microeconomics
		Banking Reforms, Central Bankand its role	Indian Economy Dutt
		Inflation and Employment	and Sundaram
		Definition, types etc.	■ Economic Survey,
		Government Budgeting and Fiscal Policy	Budget.
		 Budgeting, types, its evolution in India, Process, 	Websites of regulatory
		Component etc.	bodies like RBI, SEBI,
		 Public finance, Revenue and Expenditure, Deficits, 	etc.
		Taxes, Debts etc.	Websites like Arthapedia,
		Capital Market	Ministry of Finance etc.
		Terms and Concepts	
		Agriculture	
		■ Industry	
		Services	
		 Infrastructure and Communication 	
		Five year Plans	
		Economic Reforms since 1991	
		Foreign TradeIndia and IME_WTO_WIPO	
		Inicia and livin, WTO, Will O	
		India and International Institutions	
		IPRs	
		External Sector and Currency Exchangerates	
		BoP, BoT, International trade, IMF, WTO, Trade policies, issues and challenges etc.	
6.	25 th Jan 2024	Ecology & Environment	■ Our Environment –
		 Basic Concepts & Components of the Environment 	NCERT (VII)
		 Understanding of the Environment and Ecology 	■ Ecology and
		Biodiversity	Environment –ICSE
		 Environmental Monitoring and Impact 	books 9thto 12th
			■ Class 11 th NCERT
		Assessment	Chemistry: Chapter 14:
		 Environmental laws and policies 	Environmental Chemistry
		Sustainable Development	Our Environment —
		 Natural Resource conservation 	NCERT (VII)
		■ Environmental Problems	
-	20th 10:: 2024	Energy Crisis and Non-ConventionalSource.	
7.	28 th Jan 2024	Basic Science and Technology Physics	• 6th, 7th, 8th, 9th and
			10th NCERT: Science
		Standards and units	Class 12 th Biology
		Mechanics and properties of matter	NCERT



	■ Heat	(Read Chaptersaccording to
	■ Sound	syllabus)
	Optics	
	•	
	Electricity and Magnetism	
	Atomic and Nuclear physicsModern Physics	
	Astronomy and Space Science	
	Chemistry	
	Matters and its nature	
	 Chemical Reactions and Equations 	
	Structure of the Atom	
	 Periodic classification of elements 	
	Chemical Bonding	
	Carbon and its compound	
	 Acid, Bases and Salts 	
	Metals and Non-metals	
	 Thermodynamics 	
	Nanotechnology	
	Agricultural Chemistry	
	Medicinal Chemistry	
	Food Chemistry	
	Bio Chemistry	
	Polymers and Plastics	
	Biology	
	Introduction	
	■ Cell Biology	
	Life processes	
	Biocommunication	
	 Diseases and Defence Mechanism 	
	Nutrition	
	 Origin and Evolution of life 	
	Genetics	
	Plant Biology	
8. 4 th Feb 2024	Indian Constitution & Political System Political	■ 11 th NCERT: Indian
	systems: concepts, forms and types	Constitution atWork
	Political system as established by the	■ Indian Polity by
	Constitution	M Laxmikanth
	Indian Constitution: HistoricalUnderpinnings, Evolution	Introduction to the
	& Making of the Constitution, Features, Significant	Constitutionof India:
	Provisions	D DBasu
	■ The Preamble	Our PoliticalSystem:Subhash Kashyap
	The Union and its Territory	2 nd ARC Report – 13th
	Citizenship	_ /c //cport 15th
	Fundamental Rights, Directive Principles&	



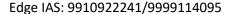
Fundamental Duties

- Amendment of Constitution
- Judiciary: Supreme Court, High Courts, Subordinate Courts

Working of Indian Constitution and Systemof the government

- Central Government: President, Vice President,
 Prime minister, Central Council of Ministers
- Parliament and State Legislature
- State Government: Governor, ChiefMinister, State Council of Ministers
- Indian Federalism and Centre-State Relations
- Emergency Provisions
- Local Government: Panchayati Raj, Local Urban Government

Structure, organization and functioning of the Executive; Ministries and Departments of the Government.





9. 11th Feb

Ancient Indian History, Art and Culture and Medieval India:

Ancient History

- Prehistoric period
- Harappan / Indus Valley Civilization
- Vedic Age
- Mahajanapadas
- Religious Reforms
- Mauryan Age & Post Mauryan Age
- Sangam Age
- Guptas Age & Post Guptas Age

Art & Culture

- Architecture and Sculptures
- Religion and Philosophy
- Indian paintings
- Indian Music
- Indian Dances
- Indian Theatres
- Indian cinema
- Indian Language & Literature
- Arts & Crafts
- Science and Technology in Ancient India
- Indo-Islamic Culture

Medieval India

- Early Medieval Period
- North India
- South India
- Sultanate Period
- The Delhi Sultanate
- Vijayanagar & other Kingdoms
- Religious Movements
- Bhakti Movement
- Sufi Movement
- Mughal PeriodMaratha Confederacy

Modern India 1

- India in the late Eighteenth Century
- The Advent of the Europeans and BritishConquest of India
- The British Administrative Structure, Reform,
 Impact and Organization of Government of India
- Social Religious Movements in 19th –20th centuries

Freedom Struggle

■ The Revolt of 1857 & change after 1857

- Old NCERT:
 Ancient India
- Old NCERT:Medieval India
- Class XI NCERT –
 Introduction to Fine Art (part 1)
- Class XII New NCERT -Themesin Indian HistoryPart -1 and Part
- A History of Ancient and Early Medieval India: From the Stone Age to the

12th Century

CCRT website:

http://ccrtindia. gov.in/index.php

- "A Brief History of Modern India" – Spectrum Pub.
- From Plassey to Partition: Shekhar Bandyopadhyaya BL Grover Modern Indian History
 - Along with NCERT



Moderate Phase (1885 – 1905) **Modern India 2** Freedom Struggle: Extremist Phase (1905 -17) **Emergence of Extremist & Leaders** The Partition of Bengal Morley-Minto Reforms Swadeshi Movement, Home RuleMovement etc. Freedom Struggle: The Gandhian Era(1917-47) Gandhi - Advent and Achievement Rowlatt Act, Jallianawala Bagh Massacreand Khilafat Movement Non- Cooperation, Civil Disobedienceand Quit India Movement **British Response and Negotiations** INA and Subhash Chandra Bose **Miscellaneous & Other Dimensions** Reforms / Acts / Committee, CongressSession, Governor – General Viceroys, Policies, Tribal & Peasant Movements etc.



10.	18 th Feb	Geography	■ 11th NCERT
10.	2024	Physical Geography of the world	■ 11th NCERT: Geography - India
		Solar System & the Earth and basics of	Physical
		latitude and longitude Geomorphology	Environment
		■ Climatology	Certificate physical and
		Oceanography	human geography -
		■ Biogeography	GohCheng Leong
		Natural Hazards and Disasters	■ ICSE 9 th and 10 th Total
		Continents (Land, Climate, Resources etc.): Asia,	Geography
		Africa, North America, SouthAmerica, Antarctica,	Orient LongmanAtlas or
		Europe, and Australia	Oxford Atlas
		Physical Geography of India	
		 Introduction: Location, Area and Boundaries 	
		 Structure and Relief: PhysiographicDivisions 	
		■ Drainage System	
		Weather, Climate and Seasons	
		Soils	
		 Natural Vegetation, Plant and Animal Life 	
		Economic and Human Geography - World	
		Economic Geography of the world: primary,	
		secondary, tertiary, quaternaryand quinary	
		activities	
		Human Geography of world	
		 World Population, Distribution & Density, Races 	
		& Tribes, Settlement & Migration	
		Economic and Human Geography - India	
		Agriculture	
		Land Resources	
		Water Resources	
		 Mineral and Energy Resources 	
		Industries	
		 Transport and Communication 	
		■ Foreign Trade	
		Population, Migration, Settlements	
11.	25 th Feb	India Economy	■ 11 th NCERT: Economics:
	2024	National Income Accounting	Indian Economic
		Definition	Development
		Concepts: GDP, GNP etc.	■ 12 th NCERT:
		 Measurement of national income 	Economics:
		Money and Banking	Macroeconomics
		Function of Money, Evolution of Moneyetc.	■ 12 th NCERT Economics:
		Banking: Need of Banks, Functions, Types,	Microeconomics
		Banking Reforms, Central Bankand its role	Indian Economy Dutt and Sundaram
		Inflation and Employment	
		Definition, types etc.	Leononnic Survey,
		Government Budgeting and Fiscal Policy	Budget.



		 Budgeting, types, its evolution in India, Process, Component etc. Public finance, Revenue and Expenditure, Deficits, Taxes, Debts etc. Capital Market Terms and Concepts Agriculture Industry Services Infrastructure and Communication Five year Plans Economic Reforms since 1991 Foreign Trade India and IMF, WTO, WIPO India and International Institutions IPRs External Sector and Currency Exchangerates BoP, BoT, International trade, IMF, WTO, 	 Websites of regulatory bodies like RBI, SEBI, etc. Websites like Arthapedia, Ministry of Finance etc.
12.	3 rd Mar 2024	Trade policies, issues and challenges etc. Ecology & Environment (Basic Concepts & Biodiversity) Basic Concepts & Components of the Environment Understanding of the Environment and Ecology Biodiversity Ecology and Environment (Environmental Acts Policies and Conservation Strategies) Environmental Monitoring and Impact Assessment Environmental laws and policies Sustainable Development Natural Resource conservation Environmental Problems Energy Crisis and Non-Conventional Source.	 Our Environment – NCERT (VII) Ecology and Environment – ICSE books 9th to 12th Environment Chapter (India Year Book) Official website of UN, MOEFCC etc. Disaster Management Act, policies etc. India & UN – Climate Change Initiatives, etc
13.	10 th Mar 2024	Basic Science and Technology Physics Standards and units Mechanics and properties of matter Heat Sound Optics Electricity and Magnetism Atomic and Nuclear physics Modern Physics Astronomy and Space Science Chemistry	 6th, 7th, 8th, 9th and 10th NCERT: Science Class 12th Biology NCERT (Read Chaptersaccording to syllabus) Along with current affairs



		 Matters and its nature Chemical Reactions and Equations Structure of the Atom Periodic classification of elements Chemical Bonding Carbon and its compound Acid, Bases and Salts Metals and Non-metals Thermodynamics Nanotechnology Agricultural Chemistry Medicinal Chemistry Food Chemistry Bio Chemistry Polymers and Plastics Biology Introduction 	
		 Cell Biology Life processes Biocommunication Diseases and Defence Mechanism Nutrition Origin and Evolution of life Genetics Plant Biology 	
14.	17 th Mar 2024	ECONOMIC & HUMAN GEOGRAPHY WITH MAPPING Economic and Human Geography - World Economic Geography of the world: primary, secondary, tertiary, quaternaryand quinary activities Human Geography of world World Population, Distribution & Density, Races & Tribes, Settlement & Migration Economic and Human Geography - India Agriculture Land Resources Water Resources Mineral and Energy Resources Industries Transport and Communication Foreign Trade Population, Migration, Settlements	 Majid Hussain G C Leong Longman Atlas Newspaper With Special Focus On Locations In News
15.	24 th Mar	SPECIAL FOCUS ON CONTEMPORARY MAPPINGS INDIA YEAR BOOK, BUDGET & ECONOMIC SURVEY	INDIA YEAR BOOK, BUDGET &



	2024		ECONOMIC SURVEY
16.	28 th Mar	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	
17.	31 st Mar	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	
18.	7 th April	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
	46	General Science + Current Affairs	
19.	11 th April	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
20.	14 th April	General Science + Current Affairs FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
20.	2024	Constitution, Political System and Governance +	CONTPLETE SYLLABOS
	2024	Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	
21.	18 th April	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	
22.	21 st April	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	
	acth a "	+ CSAT	COMPLETE CALLABUS
23.	28 th April	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy & Social Development + Ecology & Environment +	
		General Science + Current Affairs	
		+ CSAT	
24.	5 th May 2024	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	Ja, 2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	



		+ CSAT	
25.	12 th May	FULL LENGTH TEST (COMPLETE SYLLABUS): Indian	COMPLETE SYLLABUS
	2024	Constitution, Political System and Governance +	
		Geography + History of India + Indian Economy &	
		Social Development + Ecology & Environment +	
		General Science + Current Affairs	
		+ CSAT	

NOTE

- Personal mentor along with expertise will be available in both offline/online mode
- Offline/Live/Recorded Doubt Sessions will be conducted with the concerned faculties subsequently after each test (Old Rajinder Nagar Center).
- Flexible Schedule: Rescheduling as per the choice of the aspirant. (POSTPONE, BUT NOT PREPONE)